



ChamberCare Health Alliance — health coverage designed with you in mind

Looking for a health plan that can give you more ways to save? You've got it.

Welcome to the **ChamberCare Health Alliance!** A great new health care solution that gives small businesses an easier, more affordable way to offer health care to employees, with a lot less worry.

The ChamberCare Health Alliance, comprised of the Indiana Chamber of Commerce and the Indy Chamber, has teamed up with Anthem Blue Cross and Blue Shield (Anthem) to offer groups with 2 to 50 total employees an opportunity to participate in a larger, self-funded pool.

NOT A CHAMBER MEMBER? JOIN TODAY!

Chamber members have access to a full range of high-quality plans and options that can lead to significant savings. Your location will determine which chamber to join.

Indiana Chamber	Indiana Chamber and Indy Chamber	Indy Chamber
All counties outside of Marion	Boone, Hamilton, Hancock, Hendricks, Johnson, Madison, Morgan and Shelby counties	Marion and surrounding counties to include: Boone, Hamilton, Hancock, Hendricks, Johnson, Madison, Morgan and Shelby

WHY ANTHEM?

You get peace of mind knowing Anthem is:

- Proud to serve millions of members in Indiana for 75 years.
- Part of the nation's largest health benefits company.
- Part of the BlueCard® program (through the Blue Cross Blue Shield Association) which includes more than 96% of hospitals and 97% of doctors in Indiana.*

There's more! In addition to financial protection, this great health plan alternative offers:

- Competitive rates.
- Rating methodology that can lead to lower premiums.
- Flexibility in choice of benefit plans.
- Membership to the Wellness Council of Indiana.
- Anthem's broad Blue Access PPO network and Essential Rx formulary.
- Discounted rates on dental, vision, life and disability.



*Blue Cross Blue Shield Association website: About Blue Cross Blue Shield Association (accessed May 2019); bcbs.com/about-the-association/. 115354INEENABS 05/19

When you get the ChamberCare Health Alliance, your employees get the benefits!

Here are just some of the exceptional health and wellness programs that come with your plan:



24/7 NurseLine makes it easy for employees to talk to a registered nurse 24/7 who can answer questions about a medical concern or help them decide where to get care.



Future Moms helps moms-to-be follow their doctor's care plan, identify any risks, make healthier decisions during pregnancy and prepare for delivery. There's also a Future Moms with Breastfeeding Support section on LiveHealth Online that offers moms video visits with a lactation consultant, counselor or registered dietitian using a mobile device or computer with a webcam.



MyHealth Advantage is an outreach program that helps employees stay up-to-date with their health care. When gaps or risks are identified, employees receive a confidential MyHealth Note in the mail outlining specific actions they can take for better health and cost savings.



ConditionCare gives employees access to health professionals including dietitians and nurses who can help improve their health and reduce sick leave. They offer guidance and support to manage chronic conditions including diabetes, asthma, chronic obstructive pulmonary disease (COPD), coronary artery disease, heart failure and end-stage renal disease.



Case management lets employees who have complex health issues work with our nurses and behavioral care managers to stay on top of their health and navigate the health care system. Backed by a team of doctors, pharmacists, exercise physiologists and others, our case managers have the latest information and treatment options.



Behavioral health helps employees who are dealing with depression, anxiety, stress or substance abuse. Anthem's behavioral health program is integrated with our health plans and includes our extensive network of psychiatrists, social workers and residential treatment centers.



My Health Dashboard provides personalized content and delivers suggested clinical and wellness programs through our mobile app, Sydney, or anthem.com. Recommendations are fed by claims and conditions-based data so employees get information most relevant to them.



LiveHealth Online lets employees have face-to-face video visits, 24/7, with a board-certified doctor or psychiatrist, licensed therapist or lactation consultant from a mobile device or computer with a webcam. In seconds, they can connect to a doctor to address common health issues, and therapists and psychologists are available in four days or less.*



Autism Spectrum Disorder Program supports employees as they balance work and raising a child with autism. A licensed behavior analyst helps them navigate the system and addresses their unique challenges.



The Employee Assistance Program (EAP) is available to employees and their household members 24/7/365. They can get information and resources that help address issues that may be causing stress or concern like family, work or finances.



SmartShopper Rewards Program offers your employees financial incentives for using lower-cost, high-quality locations for health services and procedures. They can compare costs and if they choose the lower-cost location, they'll get a cash award and save on out-of-pocket costs.



Membership to the Wellness Council of Indiana (WCI) which guides employers through the development, implementation and evaluation of their workplace well-being.

You have access to:

- **AchieveWELL**, an evaluation program that recognizes excellence in workplace well-being.
- **Indiana Healthy Communities**, which provides data, evaluation and strategy for healthier living.
- **Indiana Workforce Recovery**, offering education, best practices and advocacy to help employers navigate the opioid epidemic.
- **Member-only** materials about wellness programs and challenges, research, etc.
- **IdeaShare** interactive roundtable discussions about workplace well-being topics held throughout the state.
- **Special Interest Groups**, which include similar organizations to discuss best practices, challenges and successes.
- **Monthly webinars and training** to provide educational and networking opportunities.

Find out more today at anthem.com/chambercarehealthalliance!

You can also contact your broker, Anthem Sales representative or:

- **Indiana Chamber of Commerce**
Brett Hulse, director of membership strategy
1-317-264-6858
bhulse@indianachamber.com
Indianachamber.com/chambercare

*Appointments subject to availability of a therapist or psychologist. Psychologists and therapists using LiveHealth Online do not prescribe medication.

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